

“Say no to drugs”, what does that mean? What drugs?

I don't remember when I first heard the phrase “say no to drugs”, but I know I have heard it all my life, at home, at school and on the television. When I was younger I did not understand what was a drug? I just knew that it was bad since everyone kept saying “say no to drugs”. I recall seeing many stores named “Drug store” or “Savon on Drugs”. If drugs are bad then why is there so many drugs stores? I later learned that there are good drugs and bad drugs. When they say, “say no to drugs”, it means say no to bad drugs. Drugs that we should no take, drugs that are addictive and drugs that make us do bad things. Many of these drugs are controlled substances, which means that they are regulated by the government. However, drug dealers can make some of the drugs or smuggle them into our country and sell them. The slogan “say no to drugs” was created and championed by former First Lady Nancy Reagan because many kids were taking drugs and it became a big problem.

Why do people take drugs? I have seen many documentaries on drug addiction and I believe people take drugs because it makes them feel good or sometimes they have problems and they think drugs will help them escape reality. Once they try it and they like it they are going to want more. That is why we are taught to “say no to drugs” when we are young so that we are not tempted to take drugs. Drugs will alter how you feel and once you become addicted it is difficult to stop. Drugs will not let you function normal and you will have problems making decisions. Drugs will make you do bad things like stealing or having sex for drugs. Your family will not respect you and they won't want to be around you. Drug addiction affects everyone around you. Drugs can kill you and you can kill others. Your parents and siblings will be sad and they will try to help you but the only person that can make the decision to “say no to drugs” will be YOU.

My mother has shared stories with me about people she has arrested and their drug addiction. She said that it's sad to see a life go to waste. My parents want me to be a healthy young man and to always do the right thing. “saying no to drugs”, is the right thing to do.

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