

Essay Contest Rules

- 1. Essays must be submitted to CNOA HQ's via mail or in person.
CNOA
28245 Avenue Crocker, #230
Valencia, CA 91355-1201**
- 2. Essays must be submitted by the close of business on October 1, 2009**
- 3. CNOA will send out confirmation letters on the essays received.**
- 4. Students must stay within the theme of "Say No to Drugs."**
- 5. The essay will be 500 words or less. No photo's or graphs.**
- 6. Only 7th and 8th grade students may participate.**
- 7. The essays may be hand written or typed.**
- 8. All essays will be done on lined or plain white paper, 8 1/2 " x 11" in size.**
- 9. Each essay must have the name, home address, phone number of the writer and the name of their school and grade at the end bottom of the essay.**
- 10. Parents and teachers are encouraged to assist with ideas for the essay, but the student must write the essay.**